



2021 SAFETY & LOSS CONTROL CATALOG

# SERVICES & TRAINING PROGRAMS



Touchstone Energy®

# CREA SAFETY & LOSS CONTROL TEAM



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***The mission of the Loss Control Department is to assist the cooperatives in preventing injuries, saving lives, and complying with governmental regulations.***

## Table of Contents

<b>MEDICAL COURSES .....</b>	<b>6</b>
<b><i>CPR and First Aid G2015.....</i></b>	<b>6</b>
<b><i>Bloodborne Pathogens.....</i></b>	<b>6</b>
<b><i>Skin Cancer Awareness .....</i></b>	<b>7</b>
<b><i>Sprains and Strains .....</i></b>	<b>7</b>
<b><i>Back Safety &amp; Proper Lifting .....</i></b>	<b>7</b>
<b><i>Heat Stroke and Heat Exhaustion.....</i></b>	<b>7</b>
<b><i>Dog Bites.....</i></b>	<b>8</b>
<b><i>Airborne Pathogens.....</i></b>	<b>8</b>
<b>ELECTRICAL SPECIFIC.....</b>	<b>9</b>
<b><i>Pole Top and Bucket Rescue.....</i></b>	<b>9</b>
<b><i>Personal Protective Equipment .....</i></b>	<b>9</b>
<b><i>Rubber Cover-Up Inspection and Maintenance .....</i></b>	<b>9</b>
<b><i>Hot Stick Testing.....</i></b>	<b>10</b>
<b><i>Grounds Testing .....</i></b>	<b>10</b>
<b><i>Emergency Preparedness (Mayday) .....</i></b>	<b>10</b>
<b><i>Equipotential Grounding.....</i></b>	<b>11</b>
<b><i>Step Potential.....</i></b>	<b>11</b>
<b><i>Fall Protection Equipment.....</i></b>	<b>11</b>
<b><i>LOTO - Lockout - Tag Out .....</i></b>	<b>11</b>
<b><i>Setting and Pulling Meters.....</i></b>	<b>12</b>
<b><i>Pole Trailers and Cargo Securement.....</i></b>	<b>12</b>
<b><i>Tree Trimming Safety.....</i></b>	<b>12</b>
<b><i>Basic Lineman Ergonomic .....</i></b>	<b>12</b>
<b><i>Substation Safety.....</i></b>	<b>13</b>
<b><i>Call Before You Dig .....</i></b>	<b>13</b>
<b><i>URD Switching.....</i></b>	<b>13</b>
<b><i>Arc Flash Hazards .....</i></b>	<b>13</b>
<b><i>Back Feed.....</i></b>	<b>14</b>
<b><i>Rigging.....</i></b>	<b>14</b>

<i>Care and Laundering of FR Clothing</i> .....	<b>14</b>
<b>ALL FIELD EMPLOYEES</b> .....	<b>15</b>
<i>Chains and Slings</i> .....	<b>15</b>
<i>Work Area Protection Program (Flagger Certification)</i> .....	<b>15</b>
<i>Confined Spaces and Enclosed Spaces</i> .....	<b>15</b>
<i>Forklift Training and Safety</i> .....	<b>16</b>
<i>Ladder Use and Inspection</i> .....	<b>16</b>
<i>O.H.V. Off Highway Vehicle Safety</i> .....	<b>16</b>
<i>O.H.V. Off Highway Vehicle Safety</i> .....	<i>Error! Bookmark not defined.</i>
<i>Drivers Training</i> .....	<b>16</b>
<i>Crane Signaling and Clearances</i> .....	<b>17</b>
<i>Large Truck and Trailer Inspections</i> .....	<b>17</b>
<i>D.O.T. Drugs and Alcohol Awareness</i> .....	<b>17</b>
<i>D.O.T. Vehicle Inspections</i> .....	<b>18</b>
<i>Emergency Generators</i> .....	<b>18</b>
<i>Heavy Equipment Operations and Safety/Backhoe Safety</i> .....	<b>18</b>
<i>Trenching and Shoring</i> .....	<b>18</b>
<i>Water Safety</i> .....	<b>19</b>
<i>Speak Up! Listen Up!</i> .....	<b>19</b>
<i>Attitudes</i> .....	<b>19</b>
<b>SUPERVISOR TRAINING</b> .....	<b>20</b>
<i>D.O.T. Reasonable Suspicion</i> .....	<b>21</b>
<i>OSHA 10 Hour: 29 CFR 1926 Construction</i> .....	<b>21</b>
<i>OSHA 10 Hour: 29 CFR 1910 General Industry</i> .....	<b>22</b>
<i>OSHA 30 Hour: 29 CFR Construction</i> .....	<b>22</b>
<i>OSHA 30 Hour: 29 CFR 1910 General Industry</i> .....	<b>23</b>
<b>GENERAL SESSION AND OFFICE EMPLOYEES</b> .....	<b>24</b>
<i>Hazard Communication Standard GHS (Globally Harmonized System)</i> .....	<b>24</b>
<i>Office Safety</i> .....	<b>24</b>
<i>Inspection and Use of Fire Extinguishers</i> .....	<b>24</b>
<i>Reptiles</i> .....	<b>25</b>

<i>Emergency Action Planning</i> .....	25
<i>Active Shooter/Dealing with Irate Customers</i> .....	25
<i>Harassment and Workplace Violence</i> .....	25
<i>Safety Around Power Lines</i> .....	26
<i>Conflict Management</i> .....	26
<i>OSHA Visit: Preparation and Response</i> .....	26
<i>Winter Safety</i> .....	27
<i>Workplace Hazards</i> .....	27
<i>Accident Investigation and Accident Analysis</i> .....	27
<i>(public contact/employee contact)</i> .....	27
<i>Hazard Recognition</i> .....	28
<i>Preventing and Managing Stress</i> .....	28
<i>Preventing and Managing Computer Related Injuries</i> .....	28
<i>Emergency First Responders Safety Around Power Lines</i> .....	28
<b>FIELD OBSERVATIONS</b> .....	29
<i>Field Observation (with written report)</i> .....	29
<i>Plant, Truck and Tool Inspection</i> .....	29

## MEDICAL COURSES

### CPR and First Aid G2015

**Description:** In compliance with OSHA 1910.151 and 1910.269(a)(2)(B), staff provides CPR and first aid training for system employees. Employees will learn proper CPR techniques for adults, children and infants and how to detect and unblock airways. Employees will learn through hands on training, standard first aid procedures. Medic First Aid BasicPlus is combined adult CPR, AED, and first aid training program designed specifically for the occupational first aid provider. This is extremely flexible program will help employers meet OSHA and other federal and state regulatory requirements for training employees how to respond and care for medical emergencies at work.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
Length: 4 hours, 12 people max for 1 Instructor  
OSHA Required: Yes  
Frequency: Annually  
RESAP Required: Yes

#### Additional cost per book is invoiced

\*1910.151 Medical Services and First Aid

(b) - In the absence of an infirmary, clinic, or hospital in near proximity to the workplace which is used for the treatment of all injured employees, a person or persons shall be adequately trained to render first aid. Adequate first aid supplies shall be readily available.

### Bloodborne Pathogens

**Description:** Bloodborne Pathogens in the workplace training program teaches the information every employee who has occupational exposure needs to know to avoid accidental exposure to potentially infectious materials and to manage an accidental exposure if one occurs.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Annually  
RESAP Required: Yes

## Skin Cancer Awareness

**Description:** This program covers the different types of skin cancer, what to look for, prevention, and effects of different cancers to the body.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: No

## Sprains and Strains

**Description:** Provides employees with tools to recognize and prevent possible strains and sprains due to lifting, bending, twisting, slips, trips, and falls, as well as repetitive motion injuries.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: No

## Back Safety & Proper Lifting

**Description:** This course is an awareness training. The program reviews statistics of back injuries, the causes and the costs related to these injuries. Proper lifting is addressed as a means of preventing back injuries along with physical fitness.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: No

## Heat Stroke and Heat Exhaustion

**Description:** This course trains employees how to recognize common indicators related to heat exhaustion and prevention of heat exhaustion.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: No

## Dog Bites

**Description:** This program addresses the do's and don'ts of dog attacks and trains employees in the signs of an aggressive dog.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: Initial employment and as necessary  
RESAP Required: No

## Airborne Pathogens

**Description:** This course is an overview of airborne pathogens exposure that can become hazardous. It reviews symptoms associated with the pathogens, and signs that you have been exposed.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: No



## ELECTRICAL SPECIFIC

### Pole Top and Bucket Rescue

**Description:** This course ensures that all employees are trained and familiar with pole top and bucket truck rescue procedures as required by OSHA 1910-269(a)(2)(i). This course also shows how to conduct rescue of an injured person using the bucket truck. Employees will learn: the procedures for lowering a victim from a pole or bucket with a hand line (with or without using a cross-arm); where the bucket controls are and how to operate them on all aerial units; the best rescue position for each aerial unit; and the proper procedure for getting a victim out of an aerial unit.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Annually  
RESAP Required: Yes

### Personal Protective Equipment

**Description:** An on-site inspection of hard hats, rubber gloves, body belts, climbers and personal tools of all employees. 1910.269(g) course includes hand protection, foot protection, and head protection. We will also cover job briefings, 1910.269(c). This course is designed to train the employees in the importance of and the requirements of a job briefing, including number of briefings, and what must be covered in the briefings.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Annually  
RESAP Required: Yes

### Rubber Cover-Up Inspection and Maintenance

**Description:** CREA visually inspects all line hoses, blankets and cover-up materials regarding proper testing dates and working condition.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: All rubber cover-up materials must be inspected prior to daily use and electrically tested and cleaned annually.  
RESAP Required: Yes

## Hot Stick Testing

**Description:** CREA assists cooperatives in complying with OSHA 1910.269(J). Staff visually inspects all live-line tools for defects and broken mechanical parts. All live-line tools are cleaned and wet tested once every year. All live-line tools found to be defective are removed from service and sent in for repairs or replaced by the cooperative.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Annually  
RESAP Required: Yes

## Grounds Testing

**Description:** CREA checks to see employees have grounding equipment capable of handling the fault current available at each system. The course keeps systems in compliance with the OSHA requirement of annual testing of all grounds. All grounds are individually identified, and test records are provided with a written report to the cooperative upon completion.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Annually  
RESAP Required: Yes

## Emergency Preparedness (Mayday)

**Description:** This course assists cooperative employees in developing a written procedure to respond to emergency situations. Specific People are delegated tasks, and procedures are practiced. Local emergency service personnel are consulted for how to respond to different emergencies.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: As Requested  
RESAP Required: Yes

## Equipotential Grounding

**Description:** This course gives the employees a better understanding of Equipotential grounding. The course is hands on training which enables the employees to see how this type of grounding works. This program helps the employer with compliance to OSHA 1910.269.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: As Requested  
RESAP Required: No

## Step Potential

**Description:** This presentation provides employees with the information to safely avoid and or escape a step potential situation.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: No

## Fall Protection Equipment

**Description:** This course addresses what fall protection consist of and what is required to be in compliance with the new 1910.269(g)(2) Final Rule.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Initial employment and as necessary  
RESAP Required: Yes

## LOTO - Lockout - Tag Out

**Description:** With this course CREA reviews the requirements for lock out tag out for the de-energizing of electric energy sources, which are used exclusively for purposes of transmission and distribution as per OSHA and the National Electric Safety Code.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Annually  
RESAP Required: Yes

## Setting and Pulling Meters

**Description:** This meter safety program goes through all the PPE, socket voltage checks, and procedures in setting and pulling meters. The two examples specifically address Class 200 and Class 320 meters, both single phase and three phase safety is reviewed.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: Initial employment and as found necessary  
RESAP Required: Yes

## Pole Trailers and Cargo Securement

**Description:** As defined in 49 CFR 390.5. Topics covered are proper use of tie downs, use of unmarked tie downs, unrated and unmarked anchor points, cargo placement and restraint, minimum working load limit for cargo securement devices and systems, minimum number of tie downs, special rule for special purpose vehicles, securement of poles transported on pole trailers.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: Yes

## Tree Trimming Safety

**Description:** This presentation provides information regarding the safe methods of Tree Trimming, including equipment, inspections and requirements per standards.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: No

## Basic Lineman Ergonomic

**Description:** This program teaches use of good body mechanics and lifting techniques, while on the ground or in a bucket, to avoid awkward body positions leading to injury.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: No

## Substation Safety

**Description:** This program focuses on the basic safety principles and practices applicable to substation maintenance work. General procedures for responding to imminent dangers and accidents are also presented.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: Yes

## Call Before You Dig

**Description:** Review of The Colorado Call Before You Dig, 811 laws and requirements. Review of the color codes, review of the 2-foot rule, as well as review of the Colorado Title 9, Article 1.5.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: Yes

## URD Switching

**Description:** The program will cover different types of URD systems, system components, cables and terminations, and safe work practices for routine maintenance.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: Yes

## Arc Flash Hazards

**Description:** This course reviews the arc flash and arc blast regulations, it shows the difference between OSHA, NFPA 70 E, and NESC standards and is an overview of protective clothing and proper use of PPE.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: Yes  
Length: 2 hours

## Back Feed

**Description:** This course is an overview of the potential hazards associated with back feed and co-generation. It covers the use of generators, solar, and wind. The content of this course all includes a review of the Colorado PUC interconnection rules for distribution generation.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: No

## Rigging

**Description:** Basic knots used in the field, purpose and use of common knots and splices.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: No

## Care and Laundering of FR Clothing

**Description:** This course covers the proper care, upkeep, donning, doffing, and laundering of FR clothing articles and when to check a unit out of service.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As Requested  
RESAP Required: No

## ALL FIELD EMPLOYEES

### Chains and Slings

**Description:** This course ensures that the employees are trained and familiar with the requirements for the inspection and use of chains and slings and ensures OSHA 1910.184 guidelines are followed in the use of this equipment. Class time extends with inspection of chains and slings.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Initial employment and as necessary  
RESAP Required: Yes  
State Requirement: Every 2 years

### Work Area Protection Program (Flagger Certification)

**Description:** Staff trains cooperative employees in compliance with state and federal DOT regulations and in compliance with OSHA 1926.201 regarding: placement of signs, use of channelization equipment, proper flagging procedures and the use of recommended traffic control equipment. This program is conducted using National Safety Council Guidelines.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Initial employment and as necessary  
RESAP Required: Yes  
State Requirement: Every 2 years

### Confined Spaces and Enclosed Spaces

**Description:** This course explains the requirements for enclosed and confined space entry. A review of OSHA 1910.146 and OSHA 1910.269 is conducted with the employees.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Initial employment and as necessary  
RESAP Required: Yes

*System must provide rescue equipment for hands on field evaluation.*

## Forklift Training and Safety

**Description:** This course ensures that employees know and review the OSHA standard for forklift operation plus it provides the refresher training required by OSHA 1910.178.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Every 3 three years  
RESAP Required: Yes

## Ladder Use and Inspection

**Description:** This course will help ensure that the Utility is in compliance with OSHA 1910.25, 1910.26, and OSHA 1910.269. The course teaches employees how to inspect and use ladders and what to do with ladders that do not pass inspection.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Initial employment and as necessary  
RESAP Required: Yes

## O.H.V. Off Highway Vehicle Safety

**Description:** This O.H.V. addresses the importance of safety and safe operation of off highway vehicles from pre-trip inspection to off road responsibility. This program is a must for employees who operate any off-highway vehicle.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Initial employment and as necessary  
RESAP Required: Yes

## Drivers Training

**Description:** This program promotes public safety by increasing individual awareness and accountability. Subjects covered are texting and driving, defense driving, backing safety, and vehicle inspections.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As requested  
RESAP Required: No



## Crane Signaling and Clearances

**Description:** This regulation now requires a level of knowledge that's unprecedented in a formal way. The signal person is required to have knowledge of crane operations and understand how a signal affects the crane's capability and capacity. It used to be that a signal person simply served as a separate set of eyes on the ground to help the operator get the load from point A to point B. Now the person in this position is more accountable to help the whole crew and to ensure the load is taken along a path that minimizes risk to others and lowers the risk to the crane.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: As needed  
RESAP Required: No

## Large Truck and Trailer Inspections

**Description:** This class provides information to attendees to be able to conduct a thorough DOT motor vehicle inspection. Topics covered include overall inspection, air brakes, daily inspection form, trailer connections, cargo securement requirements, accident reporting and hazard reporting.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: As needed  
RESAP Required: Yes

## D.O.T. Drugs and Alcohol Awareness

**Description:** This program meets and exceeds requirements to provide employees with the knowledge of the recognition and regulations pertaining to FMCSA guidelines. Information includes mandatory drug testing, random drug testing, refusal to submit, safety sensitive functions, and penalties for use.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As requested  
RESAP Required: Yes  
FMCSA Required: Yes

## D.O.T. Vehicle Inspections

**Description:** Information provided will enable employees to complete a thorough inspection of DOT vehicles. Information includes daily inspection, pre-trip inspection, post trip inspection, air brakes, required operating equipment, inspection of trailers and reporting requirements.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As requested  
RESAP Required: Yes  
FMCSA Required: Yes

## Emergency Generators

**Description:** Information covered addresses the recognition of hazards possible with the use of consumer owned generators during an outage.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As requested  
RESAP Required: No

## Heavy Equipment Operations and Safety/Backhoe Safety

**Description:** This presentation provides information to work safely around heavy equipment as well as when heavy equipment might be needed for utility work.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As requested  
RESAP Required: No

## Trenching and Shoring

**Description:** This program covers the regulations involving trenches and shoring including, competent person, hazards involved, trench safety measures, access and egress, general trenching rules, and protective systems.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Every 2 years  
RESAP Required: No

## Water Safety

**Description:** This class addresses the requirements for anyone that works around water. Discussion of regulations and safety requirements as well as safety equipment available.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: As requested  
RESAP Required: No

## Speak Up! Listen Up!

**Description:** When it comes to safety, everybody needs to have the confidence to speak up when they see something unsafe. When somebody recognizes a potential hazard, everybody needs to listen up. This course was developed by the NRECA and Caterpillar.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As requested  
RESAP Required: No  
Length: 4 hours

## Attitudes

**Description:** A look at our attitude and the effects it has on the workforce. This brings to light the fact that one bad attitude can affect the entire crew. The focus is how to change a bad attitude into a good attitude. Develop communication skills to help the entire workforce.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As requested  
RESAP Required: No

# SPEAK UP!/LISTEN UP

**Is reducing the risk of serious workplace incidents important to you?**

Do you want to positively solve safety issues in real-time?

Do you want a stronger safety culture?

Effective communication is a cornerstone in building a strong, sustainable culture of safety excellence, but talking about safety doesn't always come naturally on job sites.

**Speak Up!/Listen Up!** For Co-ops gives employees simple tools for delivering and receiving safety-related feedback effectively. Through the use of customized electric co-op work scenarios, **Speak Up!/Listen Up!** applies proven communication strategies from Caterpillar's most widely used training programs.

Raise safety awareness, reduce complacency and cut risks at your co-op before an incident occurs.

## MOVE SAFETY into EFFECTIVE ACTION:

### Speak Up!

- **ASK** if you can talk about the situation.
- **COMMIT** to work more safely.
- **FOLLOW UP** with the person to see that he/she is working safely.

### Listen Up!

- **LISTEN** to the message.
- **COMMIT** to a safer way.

"We discovered THE WAY you communicate safety can really make a difference. As managers and supervisors, we can't promote safety like we did before. You have to work on it. It's not easy.

*-Dave Babcock, Sam Houston Electric Cooperative*



"When it comes to positive peer to peer safety conversations, Speak Up! Listen Up! provides a structured approach that ensures every cooperative employee, including the CEO, is on the same page."

*-Gary Christopherson, Director of Safety, Dairylead Power Cooperative*

## For more information contact:

Your RESAP Area Administrator and/or Statewide Association Safety Professionals.

BUD BRANHAM

NRECA - Safety & Loss Prevention Director  
[Bud.branham@nreca.coop](mailto:Bud.branham@nreca.coop)



**Working together to create a culture of safety!**

## SUPERVISOR TRAINING

### D.O.T. Reasonable Suspicion

**Description:** DOT Drug and Alcohol Testing per 49 CFR. This course is designed to meet the DOT regulations and training requirements for Controlled Substances and Alcohol Use and Testing. Train your supervisors to help keep impaired drivers off the road! The Department of Transportation or DOT requires any supervisor who sends or refers employees for drug and/or alcohol testing under DOT certified drug testing program become trained in the administration and implementation of these procedures. This training program will ensure the supervisor develops and maintains a complete testing program while limiting the cooperative's legal and regulatory exposure affiliated with these types of activities.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: At initial status change and as needed  
RESAP Required: Yes

### OSHA 10 Hour: 29 CFR 1926 Construction

**Description:** This program provides training for workers and employees on the recognition, avoidance, abatement, and prevention of safety and health hazards in workplaces in construction. The program also provides information regarding the introduction to OSHA, cranes, electrical safety, excavations, fall protection, PPE, scaffolds, stairways and ladders, hand and power tools.

Instructors: Dale Kishbaugh  
OSHA Required: No  
Frequency: At initial status change and as needed  
RESAP Required: No  
Length: 10 hours

## OSHA 10 Hour: 29 CFR 1910 General Industry

**Description:** This program provides training for workers and employees on the recognition, avoidance, abatement, and prevention of safety and health hazards in workplaces in construction. The program also provides information regarding the introduction to OSHA, bloodborne pathogens, electrical, exit routes, emergency action plans, fire prevention plans, fire protection, flammable and combustible liquids, hazard communication, machine guarding, ppe, walking working surfaces and safety & health programs.

Instructors: Dale Kishbaugh  
OSHA Required: No  
Frequency: At initial status change and as needed  
RESAP Required: No  
Length: 10 hours

## OSHA 30 Hour: 29 CFR Construction

**Description:** This program provides information regarding introduction to OSHA, managing safety and health, OSHA focus 4 hazards, personal protective and lifesaving equipment, health hazards in construction, stairways and ladders, concrete and masonry construction, confined space entry, cranes, derricks, hoist, elevators, conveyors, ergonomics, excavations, fire protection and prevention, materials handling, storage, use and disposal, motor vehicles, mechanized equipment, marine operations, rollover protective structures and overhead protection, signs, signals barricades, powered industrial vehicles, safety & health programs, scaffolds, steel erection, tools - hand and power, welding and cutting.

Instructors: Dale Kishbaugh  
OSHA Required: No  
Frequency: At initial status change and as needed  
RESAP Required: No  
Length: 30 hours

## OSHA 30 Hour: 29 CFR 1910 General Industry

**Description:** This program provides information regarding introduction to OSHA, managing safety & health, walking and working surfaces, fall protection, exit routes, emergency action plans, fire prevention plans, fire protection, electrical, personal protective equipment, materials handling, hazard communication, hazardous materials, flammable and combustible liquids, spray, finishing, compressed gases, dipping and coating operations, permit-required confined spaces, lockout/tagout, machine guarding, welding, cutting, brazing, introduction to industrial hygiene, bloodborne pathogens, ergonomics, safety & health programs, and powered industrial vehicles.

Instructors: Dale Kishbaugh  
OSHA Required: No  
Frequency: At initial status change and as needed  
RESAP Required: No  
Length: 30 hours

## GENERAL SESSION AND OFFICE EMPLOYEES

### Hazard Communication Standard GHS (Globally Harmonized System)

**Description:** This course assist cooperative in complying with the new OSHA 1910.1200. The course aids in the development of a cooperative’s hazard communications program and trains employees in the use of material safety data sheets. Employees learn how to review and update the material safety data sheets book.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Annually  
RESAP Required: Yes

### Office Safety

**Description:** This course addresses hazards that exist in the office environment and the dangers involved with the improper use of equipment. This course ensures the employees are trained in the requirements of OSHA has established for office safety.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: Initially and as necessary  
RESAP Required: Yes

### Inspection and Use of Fire Extinguishers

**Description:** This course assists cooperatives in complying with OSHA 1910.157, the use and inspection of fire extinguishers. The course teaches employees how to inspect and use fire extinguishers and ensures OSHA guidelines are followed regarding the servicing of fire extinguishers. Employees learn the different types of fire extinguishers and the proper use of such fire extinguishers.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Initially and annually  
RESAP Required: Yes



## Reptiles

**Description:** This course is an awareness program to train employees in the hazards of certain reptiles. We discuss what to do if an employee comes in contact and is bitten by one of these critters.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As requested  
RESAP Required: No

## Emergency Action Planning

**Description:** Why emergency action planning? This program answers questions like this along with who needs an emergency action plan. Steps in planning, developing and implementing an emergency action program.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Initially and as necessary  
RESAP Required: Yes

## Active Shooter/Dealing with Irate Customers

**Description:** Review how to understand and effectively communicate with and defuse irate individuals, how to respond to a violent situation, what to do with an Active Shooter situation. This program is for inside and outside employees.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As necessary  
RESAP Required: No

## Harassment and Workplace Violence

**Description:** Review harassment (religious, race, sexual) violence in the workplace to aid in determining prevention, look at ways to recognize potential violence, and how to prevent an occurrence of violence.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As necessary  
RESAP Required: No

## Safety Around Power Lines

**Description:** The program was designed to raise awareness to everyone about the dangers, hazards, and precautions of non-utility worker should have around power lines. This is an excellent program for office, outside contractors, and individuals not familiar with the power industry.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As necessary  
RESAP Required: No

## Conflict Management

**Description:** Involves implementing strategies to limit the negative aspects of conflict and to increase the positive aspects of conflict at a level equal to or higher than where the conflict is taking place. The aim of conflict management is to enhance the learning and group outcomes (effectiveness or performance in organizational setting).

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As necessary  
RESAP Required: No

## OSHA Visit: Preparation and Response

**Description:** This program provides information to employees should OSAH visit the worksite. Information includes, identification of OSHA representatives, rights and responsibilities, and responses to OSHA inquiries.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As necessary  
RESAP Required: No

## Winter Safety

**Description:** This presentation provides employees with the hazards involved while working in a winter environment including motor vehicle operations, inspection and preparation of vehicles, how to handle an emergency, winter weather preparedness, and basic winter preparedness equipment.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As necessary  
RESAP Required: No

## Workplace Hazards

**Description:** This program is a review of general workplace hazards including slips, trips and falls, electrical cords, basic machine guarding, employee safety, housekeeping, and facility safety.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As necessary  
RESAP Required: No

## Accident Investigation and Accident Analysis

(public contact/employee contact)

**Description:** This course instructs cooperatives how to use an organized accident investigation format, which includes investigation procedures, collecting evidence, witness interviews and statements, accident reconstruction, photographing and analysis for effective remedial actions and follow-up.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: As necessary  
RESAP Required: No

## Hazard Recognition

**Description:** CREA trains all employees, inside and outside, to recognize potential hazards to the public and the utility from cooperative operations. The course trains employees on how to recognize hazards, how to report and correct hazards and how to avoid litigation and help control losses to the utility.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: Within the three-year calendar review period  
RESAP Required: No

## Preventing and Managing Stress

**Description:** This program covers techniques on how to manage stress within a work environment. Employees will learn about the causes of stress and how to lessen its negative impacts. It will also discuss how to optimize the cooperative's overall stress levels and gain valuable insight on how to enhance each employee's well-being.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As requested  
RESAP Required: No

## Preventing and Managing Computer Related Injuries

**Description:** This program will pinpoint the causes and explain cures for computer-related traumas. Following these ergonomic principles will minimize aches and strain to increase productivity.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As requested  
RESAP Required: Yes

## Emergency First Responders Safety Around Power Lines

**Description:** This program will provide proper approaches to police, EMS, and Fires responders who arrive on a scene around damaged or jeopardized power lines.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: No  
Frequency: As requested  
RESAP Required: No

## FIELD OBSERVATIONS

### Field Observation (with written report)

**Description:** Staff conducts an on-site visit to all crews to evaluate work procedures, personal protective equipment usage, compliance with safety rules and proper use of equipment. A written report with the findings is forwarded to the manager and line superintendent.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: N/A  
RESAP Required: Yes

### Plant, Truck and Tool Inspection

**Description:** Staff performs a walk-through inspection to RESAP standards of the maintenance shop and warehouse to ensure a safe work environment. Staff also performs a truck inspection of all cooperative vehicles, and tool inspection of all employee and cooperative tools. A written report is forwarded to the manager and line superintendent with recommendations as to improvements for safety and defective tools.

Instructors: Dale Kishbaugh, Dan Whitesides, Curt Graham, Jesse Peeler  
OSHA Required: Yes  
Frequency: Annually  
RESAP Required: Yes